

# Code of Ethics



REPs UAE seeks an ethical advancement of the sport and fitness industry. It is true to the mission of REPs UAE to ensure that registered exercise professionals maintain ethical standards when practicing their profession. The REPs UAE Code of Ethics enables further protection to individuals seeking a healthy and balanced lifestyle. It is expected that all exercise professionals maintain a high degree of professionalism and ethical behaviour. All REPs UAE registered exercise professionals agree to abide by this Code of Ethics.

## **Professional Standards**

### **The exercise professional will:**

- Maintain their level of qualification and undergo continuing professional development activities
- Promote and maintain practice based on current knowledge and research
- Act within the boundaries of their qualification and registration level
- On request detail their qualifications, experience and registration details to participants
- Recognise when it is important to refer a participant to another professional
- Project an image of professionalism and good health
- Understand legal responsibilities and accountability as an exercise professional
- Accept responsibility for professional decisions

## **Relationships**

### **The exercise professional will:**

- Act with integrity as an exercise professional
- Promote the welfare and best interests of participants
- Ensure clarity, honesty and accuracy in all communications with participants and others
- Avoid inappropriate behaviour in relations with participants while working as an exercise professional

## **Respect and Transparency**

### **The exercise professional will:**

- Respect individual difference and diversity
- Treat everyone equitably and sensitively within the context of their activity and ability – regardless of age, disability, gender and ethnic background
- Challenge any form of discrimination against a participant
- Keep clear records of dealings with participants
- Respect and preserve confidential information relating to participants in terms of personal, social, health, and fitness information

- Only disclose information to other professionals that is necessary and with permission of the participant
- Inform participants transparently of any financial costs related to activity
- Ensure relationships between registered professionals and their clients should be based on documented, contractual arrangements which are clear, transparent and unambiguous. These contracts serve as protection to clients and REPs UAE professionals in case of dispute.

## **Safety**

### **The exercise professional will:**

- Maintain the safety of participants
- Not advocate or condone the use performance enhancing substances
- Identify and respect the physical limits of ability of participant
- Show a duty of care and deal with accidents and emergencies appropriately
- Ensure participants have prepared adequately for activity

## **General**

### **The exercise professional will:**

- Not do anything that brings themselves, another fitness professional, a fitness centre, REPs UAE, or the fitness industry in to disrepute
- Ensure advertising of services is truthful, inoffensive and does not make claims that can not be supported

Any individual who believes a registered exercise professional is in breach of this Code can make a complaint to REPs UAE, cases may be referred to a REPs UAE disciplinary committee. In the event that REPs UAE shall find a registered professional in breach of the Code of Ethics disciplinary action may be taken, sanctions may include suspension or termination of REPs UAE membership, and a reprimand or formal warning.