Code of Ethics

for REPS UAE Registered Professionals

REPS UAE

Professional Practice in the Exercise and Active Health Industry

1. About this Code

This Code of Ethical Conduct sets out the mandatory professional expectations of every REPS UAE registered professional. It is not exhaustive and must be read together with the prevailing laws of the United Arab Emirates. Its purpose is to promote good professional practice, protect the public, and uphold the standing of the exercise and active health industry.

All registrants agree to uphold this Code upon registration and at each annual renewal. Failure to comply may result in sanctions applied by REPS UAE, including suspension or revocation of registration and/or accreditation, and removal from the register, in accordance with the REPS UAE Complaints and Disciplinary Procedure.

2. Good Professional Practice

Registered professionals are required to:

- Work within the limits of their competence and the REPS UAE Scope of Practice.
- Maintain and extend their knowledge and skills through continuing professional development consistent with the current evidence base.
- Assess each client's needs, capabilities, and risks through appropriate pre-exercise screening.
- Evaluate screening results and client objectives when designing, delivering, or recommending any programme or service.
- Refer a client to another professional when their needs fall outside the registrant's scope or current competence.
- Maintain complete, accurate records of services provided, including screening, client progress, and referrals.
- Hold, or ensure their employer holds, appropriate professional indemnity insurance covering all activities undertaken.

3. Working with Clients

Registered professionals are required to:

- Be courteous, respectful, compassionate, and honest with every client.
- Respect each client's privacy and right to confidentiality.
- Obtain informed consent before releasing or exchanging health information with third parties.
- Use client information carefully and only for legitimate professional purposes.
- Conduct themselves within appropriate professional boundaries at all times.
- Prioritise each client's health, well-being, and safety above all other considerations.
- Inform clients of all costs transparently before services begin.

4. Working with Children & Young People

When providing services to children and young people, registered professionals are required to:

- Comply with UAE child-protection legislation and mandatory reporting obligations.
- Consider a young person's capacity for decision-making and consent.
- Be aware of age-related development and physical exercise needs.
- Communicate in a way children and young people can understand, encourage questions, and recognise the role of parents and guardians.

5. Culturally Safe & Inclusive Practice

Registered professionals are required to:

- Respect and show sensitivity towards the cultural diversity of the UAE community.
- Treat everyone equitably regardless of age, gender, nationality, religion, or ability.
- Challenge discrimination and promote inclusive practice.
- Acknowledge the social, economic, and cultural factors influencing health behaviour and outcomes.
- Maintain appropriate referral systems to improve client engagement and health outcomes.

6. Safety & Duty of Care

Registered professionals are required to:

- Maintain participant safety at all times during professional activities.
- Show appropriate duty of care and respond effectively in emergencies.
- Reject the use of performance-enhancing substances and discourage their use.
- Ensure adequate preparation and warm-up for all participants.
- Respect and work within the physical and health limits of each participant.

7. Public Statements & Marketing

Registered professionals must:

- Avoid public comments or statements that bring, or are likely to bring, REPS UAE or the industry into disrepute.
- Only make public statements within their scope of practice and where supported by evidence-based research.
- Ensure all advertising and marketing claims are truthful, accurate, and verifiable.
- Obtain prior written authority before stating or implying they speak on behalf of REPS UAE.

8. Mentoring & Supervising

Registered professionals are required to:

- Treat any professional or student they mentor or supervise with respect and patience.
- Offer honest, objective, and constructive feedback.
- Obtain client consent for student participation and respect a client's right to decline.
- Clearly explain the scope of a student's participation to both client and student.

9. Complaints, Investigations & Reporting

Registered professionals are required to:

- Cooperate with any legitimate inquiry into the professional services provided.
- Disclose information relevant to an investigation into their own or a colleague's conduct.
- Report to REPS UAE any criminal conviction connected with their services or involving vulnerable persons.
- Report if they become the subject of any criminal or civil complaint connected with their professional services.
- Notify REPS UAE if their professional indemnity insurance is cancelled or not renewed.

Reporting a Concern

If you believe a REPS UAE registrant has breached this Code of Ethics, you may submit a complaint to **complaints@repsuae.com**. All complaints are treated in strict confidence.

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